

Minor Musculoskeletal Injury Taper:

Week 1:

1. Hydrocodone 5/325mg or Tramadol 50 mg q 6hrs PRN Dispense: #28
2. Gabapentin 100 mg TID x 7 days
3. Scheduled Tylenol 1000 mg q 12 hours
4. Robaxin 500 mg q 6hours PRN spasms #28
5. NSAIDs at provider's discretion

Week 2

1. Hydrocodone 5/325mg or Tramadol 50 mg q 8hrs PRN Dispense: #21
2. Scheduled Tylenol 1000 mg q 8 hours
3. NSAIDs/Robaxin/Gabapentin at provider's discretion

Week 3

1. Hydrocodone 5/325mg or Tramadol 50 mg q 12hrs PRN Dispense: #14
2. Scheduled Tylenol 1000 mg q 8 hours
3. NSAIDs/Robaxin/Gabapentin at provider's discretion

Week 4:

-NSAIDs/Tylenol PRN